

A Day with God



Saturday 13th

September

8.00am - 8.00pm



Time Slot	Content	Where	Leader (s)
8.00-9.00am	Morning Prayer	Noah's Ark 1	Pete
9.00-9.30am	Breakfast (provided)	Noah's Ark 2	—
9.30-10.30am	'Dayspring' style	Noah's Ark 1	Bryony
10.30-11.15am	All age prayer 1	Noah's Ark 1	Ruth & Maki
11.15am-12pm	Open prayer time (prayer ministry available)	Noah's ark 1	—
	Interactive prayer journey (open all day)	Main church	—
12.00-1.00pm	Lunch (bring picnic)	Noah's Ark 2	Carol
1.00-1.45pm	Hearing from God	Noah's Ark 1	Jenny
2.00-3.00pm	Blessing the Community		
	Treasure hunting 'taster' & prayer walking	Meet in Noah's Ark 1	Jayne
	Interactive prayer journey (open all day)	Main church	—
3.00-3.30pm	Feedback from treasure hunting / prayer walking Coffee & cake available	Noah's Ark 1 Noah's Ark 2	Jayne
3.30-4.15pm	All age prayer 2	Noah's Ark 1 & 2	Jayne, Emma, Jonathan, Tom
4.15-4.45pm	Open prayer time (prayer ministry available)	Noah's Ark 1	—
4.45-5.30pm	Praying the Scriptures	Noah's Ark 1	Dave
5.30-6.00pm	Open prayer time (prayer ministry available)	Noah's Ark 1	—
6.00-6.45pm	Loving our neighbour	Noah's Ark 1	James Lougee
6.45-7.15pm	Open prayer time (prayer ministry available)	Noah's Ark 1	—
7.15-8.00pm	Worship & intercession		Jayne & Jenny
All day	Reflective zone. Space for individual prayer.	Creche room	
All day	An interactive journey through the Lord's prayer for all ages	Main church	

Day of prayer at Cairns Road Baptist Church

"Praise be to the Lord, to God our Saviour, who daily bears our burdens" Psalm 68:19

Our hope for this day is that we have fun as we connect with God in a variety of ways both individually and as a body. We long to hear stories of God at work in and through us during the day. You are free to come and go as you please; join us whether you are free for 30mins, 3hours or more.

Why not visit the Reflective Zone?

The crèche room will be set aside for individual prayer and reflection throughout the day with resources in the room to aid you in focussing.

What do a toaster, skittles and a vitamin C tablet have to do with prayer?

Find out by going on an interactive prayer journey in the main church. Six different prayer activities will help you explore the Lord's Prayer. This will be open throughout the day.

Led sessions

Alongside the activities available all day will be a series of slots led by members of the church family. Join in as many or few as you like.

- Morning prayer:** A liturgical start to our day together
- 'Dayspring':** A time of prayer in small groups focussing on God and tuning in to his voice.
- All-age prayer 1:** An interactive session for the whole church family.
- Open prayer time:** Space to pray with others for issues on your heart, whether you've carried them for a long time or they have bubbled up during the day. There will be people available to pray for or with you during these times.
- Lunch:** Bring your own picnic to eat together
- Hearing from God:** A safe place to practise listening to God. We'll spend time asking Him for encouragements for each other, our mission partners and ourselves.
- Treasure hunting:** Come along for a taster session! We'll spend a few minutes asking God to speak to us about the people he wants us to speak to and then, armed with possible "clues", we'll go out into the community in small groups to bless people and offer them prayer.
- Prayer walking:** Pray for our neighbourhood as you walk the local streets in pairs or groups.
- All age prayer:** Another interactive session specifically designed to be accessible to all ages.
- Praying the Scripture:** Using Scripture to pray for situations in our lives and in the wider world.
- Loving our neighbour:** Praying for all the 'not-yet believers' we encounter regularly in our lives.
- Worship & intercession:** An opportunity to worship and pray together

Things you need to know

When can I come along?

The day runs from 8am-8pm. The reflective room and interactive prayer journey will be running throughout the day and you are free to spend as much time as you like in those rooms. Led sessions are at specific times (details inside) and you are welcome to join us for some or all of them!

What are the arrangements for food?

Breakfast will be provided from 9-9.30am and there will be cake in the afternoon. If you join us over lunchtime (12-1pm) please bring a picnic with you. Drinks will be available throughout the day.

Is it suitable for kids?

Yes! The interactive prayer journey is designed for the whole family with activities at each station to help everyone engage with God. In addition kids are welcome to any of the led sessions and there are some slots that are particularly inclusive of all ages (details inside). The reflective zone is also open to anyone who would prefer to engage individually in a quieter space. If little ones are getting restless there will be a small area with toys in the main church for their use.

Will there be someone available to pray for me?

Space has been left in the timetable to allow for open prayer between some of the sessions. If you would like someone to pray with you for a particular issue you are facing or for something you have on your heart then people will be available; just ask.

Getting involved with prayer at Cairns Road

'Dayspring' is our prayer group meeting on the 1st and 3rd Sunday of the month from 9-10am in the crèche room to pray for issues and each other.

Corporate prayer: This term we are particularly focussing on raising our expectations of how God can interact with us through His Word and prayer. There will be lots of different suggestions of ways to pray and read the Bible in our Sunday services and resources that can be used at home. This is an opportunity for us to learn from each other as a community so if you have ideas that you could contribute to this please get in touch with Jenny Bush in the church office (office@cairnsroad.org / 0117 942 5669).

Future prayer days are planned for 10th January and 25th April 2015. If you would like to be part of the team to plan these days please speak to Jenny Bush or Bryony Sutton.